



# The Voice

## Hopkins & South Monterey United Methodist Churches

### May/June 2018

#### Emotions Are Hard

Michael is at the stage in his life when emotions get difficult. He's now able to express what he wants, whether it be peanut butter crackers, or his doggy shirt, or...well, that's all he really seems to want. But problems arise when his mean parents tell him "no." None of us like to hear no. Hearing no causes us to have emotions, like anger, and sadness, and maybe fear. Like the fear of "what if I never have peanut butter crackers ever again?" Michael feels these things, but doesn't always have the tools to express them. So he stomps his feet, and falls down on the ground and cries, and puts his hands up asking to be held. Life is hard for a 2 year old.

But if we were honest, we'd admit that sometimes emotions are hard for us too. Now our emotions are more complex, and our ways of responding to them are more varied, but sometimes we get angry and lash out, or cry and try to get our way. Just like when we were young, we have to learn how to deal with our emotions in a healthy and productive way.

Now this does not mean we shouldn't feel these things. Sometimes in the church we do not do well with negative emotions. We think being angry is unchristian, or being sad is being unfaithful. But these are normal human emotions. God made us to be wonderfully complex and varied creatures. So sometimes we get sad, and that's good. Sometimes we get angry, and that's good. Sometimes we're afraid, and that's good.

Problems arise when we don't express these emotions in healthy ways. We can get ourselves into trouble, or damage relationships, or do things

we wouldn't normally do. **All emotions are ok, but not all behaviors are ok.**

Into May, we are going to be talking about emotions through the film "Inside Out." We'll see how this cartoon, which personifies the emotions of a 13 year old girl, might help us think about our own emotions and how we might express our emotions in a Godly way.

As we enter a time of transition and change for our churches, I invite you to join with me in prayerfully being aware of our emotions, and thinking of healthy ways we might engage with them.

Peace,  
Pastor Joel



#### UPCOMING DATES

- Thursday, May 3<sup>rd</sup> – Bazaar Workbee 9am-3pm
- \*Wednesday, May 9<sup>th</sup> – Meet the new pastor
- \*Wednesday, May 16<sup>th</sup> – Hymns & Beer – 6:30
- \*Sunday, May 20<sup>th</sup> – Recognition Sunday
- Thursday, May 24<sup>th</sup> – Bazaar Workbee 9am-3pm
- \*Sunday, June 3<sup>rd</sup> – Summer Schedule starts  
June joint services at Hopkins UMC
- \*Thursday, June 14<sup>th</sup> – "Thank You" Celebration  
For Pastor Joel
- Sunday, June 17<sup>th</sup> – Pastor Joel's last Sunday  
Father's Day
- \*Sunday, July 1<sup>st</sup> – July services at South Monterey  
Pastor Phillips' first Sunday with us.
- \*Sunday, August 5<sup>th</sup> – Joint services at Hopkins  
in August
- \*More details in the newsletter.

## RECOGNITION SUNDAY

May 20, 2018

You've probably heard the expression,  
"It takes a village."

That usually refers to raising children.

It's also true for our churches.

On May 20<sup>th</sup>, we will recognize the people in our congregations that help run our programs, keep our buildings safe and secure and make the decisions that must be made.

If you know someone who deserves recognition, please submit the name(s) and reason for recognition.

Please get information to Mitzi by Sunday, May 13<sup>th</sup>.



## SUMMER SCHEDULE

10:00 Joint Services

Hopkins and South Monterey will worship together during the summer months. June and August services will be held at Hopkins UMC. July will be spent worshipping at South Monterey.

June through August services will be held at 10:00.



A "Thank You" Celebration  
Thursday, June 14, 2018

We will have a Mexican Fiesta to celebrate Pastor Joel's time with us and to wish him well. Details are still being worked out. Watch weekly bulletins and emails for specifics. If you have any fun ideas for this event, please share them with Mitzi.

## ALLEGAN COUNTY BOOMER BASH

Formerly known as "Senior Fest")

Thursday, June 7, 2018

8:00am - 1:30pm

At Allegan First Baptist Church

This is a day filled with lots of fun and information. Boomer Bash promotes a new way of aging! It's a chance to learn something new and meet new people.

More information and registration forms are available at HUM Hall.

Free transportation for residents of Allegan County.

## Meals on Wheels

We continue to serve lunch on Monday, Wednesday and Friday. People start gathering around 11:00. They visit, play games and drink coffee.

Lunch is served at 12:00.

You are welcome, and encouraged, to join this group any time. They do appreciate a reservation so they know to plan enough food. If you ever want to sign up, contact Mitzi and she'll get you on the list.

(I think you'll like the food and I know you'll like the fellowship.)

## Hymns & Beer

We will be hosting a monthly event at Russo's on the 3<sup>rd</sup> Wednesday of the month.

Our first event is WEDNESDAY, MAY 16<sup>TH</sup>.

Please join us for dinner and singing.

The hymn sing will begin at 6:30 on the patio.

(By the way, you don't have to drink beer.

You are welcome to drink whatever you like.)

Please invite your family and friends.

We see this as a way to fellowship with some folks who might not be comfortable walking through the doors of our church.

We hope you'll join us when you can.



**May Birthdays**

1st	Alan Green	18 <sup>th</sup>	Carol Ferguson
5 <sup>th</sup>	Judy Weick		Amelia Green
8 <sup>th</sup>	Linda Burton-Collier	22 <sup>nd</sup>	Mary Howard
12 <sup>th</sup>	Judy Beck	26 <sup>th</sup>	Ira Willey
14 <sup>th</sup>	Rachel Velderman	28 <sup>th</sup>	Judy Kraft
16 <sup>th</sup>	Ken Herrema		

**June Birthdays**

9 <sup>th</sup>	Drew Lewis	15 <sup>th</sup>	Cassidi Collier
11 <sup>th</sup>	Vern Kraft	25 <sup>th</sup>	Karen Collier
12 <sup>th</sup>	Gordon Terry	26 <sup>th</sup>	Jaron Horton
13 <sup>th</sup>	Emma Collier	28 <sup>th</sup>	Jeff Collier
14 <sup>th</sup>	Trevor Collier		Erin Fitzgerald



**HAPPY ANNIVERSARY**

May 22<sup>nd</sup> - Russ & Amanda DeVries  
 June 1<sup>st</sup> - Tom & Dawn Green

**Mother Daughter Banquet**

Thank you to everyone who helped set up, prepare food, serve food, wash dishes, or present part of the program.

I think we'll all look at quilts differently and I hope you'll be mindful of the women who have supported you in your faith journey.

Thanks to all who attended.

Mitzi



**Meet & Greet Andrew Phillips**

We have a chance to meet our new pastor on Wednesday, May 9<sup>th</sup>.

We will gather in HUM Hall at 7:00.

This meeting is open to everyone.

I'm sure he would love to meet as many of us as possible.



**Vern Kraft - Thank you for working so hard to keep the barn tidy. I bet you dream about breaking down cardboard boxes.**

**Thank you for the awesome Easter egg hunt for kids on Easter morning! It was the BEST egg hunt EVER!!!**

**Love from Ben, Alex and Emmie Knobloch**

**To everyone who helped, in any way, with the Love & Logic class, "THANK YOU!" An especially big thanks to the ladies who helped with child care - some of them every week. The class was a big success. My hope is that we can offer it again someday. Mitzi**

**Thank you to everyone who helped with the Mother Daughter Banquet. It brings back wonderful memories of attending them with my Grandmother and Mother. It means a lot. Juanita**

**A huge thank you to the "Easter Bunny" who left Sweet treats and fun things in plastic trays for a bunch of people who are NOT children in chronological age...but still are kids at heart! Marge**

**Thank you to Ken, Merle and Vern for all of your help at the Mother Daughter Banquet. You are some of the best servers and dish washers I know!**

*Thank you to Darcie and Dawn and the other helpers who provided a wonderful brunch for the women on April 21. Thank you to our men who helped by serving and cleaning up, for Traci Rhoades for the lovely talk, Mary Herrema for her, always wonderful, decorations, to Marge for the beautiful quilt poem and presentation, and to Mitzi for organizing and planning this lovely event!*

\*\*\*\*\*

**Merle & Vern - You're the best! REALLY!!!! About Ladies' Day Out! -Thanks to all of you. You'll never know how much I appreciated it.**

\*\*\*\*\* Mitzi \*\*\*\*\*

